

# SPOKE

## Conestoga College, Kitchener

January 28, 2002

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## Donation boosts college's image

By Laurie Vandenhoff

A recent donation to Conestoga College's machine shop will give students the opportunity to work on new equipment and gain more experience in their fields.

Faculty learned they would be receiving a computer integrated manufacturing cell, valued at \$500,000, several days before Christmas.

"We were both surprised and excited to get it," said Greg White, co-ordinator of machining programs at the college.

The state-of-the-art equipment, which arrived the second week of January, was donated by a local manufacturing company with only 30-40 hours of use on it.

While it was originally designed to manufacture a particular product, the department hopes to use the machine for training students from a number of different machining programs.

White anticipates that the mechanical technology programs focused largely on CNC (computer numerical control) will benefit most from the new machine.

While it is still in the first stages of being set up, the unit has already generated interest from the students.

"The equipment is new and it's available for them to work on. This is brand new and that's what is out

there in the industry right now," said White. "From a marketing perspective, I think it's really great for the college as well."

The equipment will also help attract a number of apprenticeship students from around the province.

According to White, the college already boasts a third-place ranking for apprenticeships and training within the area, and this new machine will definitely generate more.

"Certainly from our perspective, it's very difficult to come up with capital," he said. But through the generosity of local companies, the college has been fortunate in receiving supplies and equipment.

However, it is a win-win situation for both parties.

"With a manufacturing-based economy in Ontario and our region being one of the prime areas of manufacturing — if we don't get the donations and the support from the industry we won't be able to provide the people," said White.

With critical shortages of CNC and tool and die makers in the area, students are virtually guaranteed a job at graduation.

White pointed out that the biggest problem holding back the province's economy in the future would be the lack of skilled workers.

"But with donations such as this... it will certainly help us fill



Greg White, co-ordinator of machining programs at Conestoga College, shows off the new equipment donated to the machine shop by a local manufacturing company.  
(Photo by Laurie Vandenhoff)

the gap. We can train for what is needed today," he said.

However, the most important thing right now is getting the new equipment up and running.

One of the first things to do will be training the faculty on how to use the new machine.

"We anticipate a fairly short

learning curve. Some of these machines have some bells and whistles that we don't normally find on our equipment," said White.

The department hopes to have everything running by spring, with the machine integrated into the programs for September.

## Housing a hot issue in lower Doon

By Jody Andruszkiewicz

The fate of student housing in the lower Doon area is up in the air.

An Ontario Municipal Board hearing convened on Jan. 17 at Kitchener's city hall to appeal the implementation by Kitchener council on Aug. 27, 2001 of interim control bylaw 2001-162, which restricts the type of housing in lower Doon and specifically student housing.

While the board makes its decision regarding this bylaw, no land, buildings or structures in the affected area can be used for a duplex, a single-detached dwelling containing lodging units having more than two residents, a semi-detached house containing more than one dwelling unit and a semi-detached house containing lodging units having more than one resident.

The affected area of lower Doon is from the corner of Pinnacle Drive and Old Mill Road in the northwest to Pinnacle and Doon Valley Drive in the southwest and along Doon Valley Drive to where it intersects with Old Mill. The tri-

angular area contains approximately 160 homes.

The bylaw seems to contradict an earlier push for student housing.

In 1999 the mayors of Kitchener and Waterloo wanted to have suitable rental housing for students in the region.

A student housing task force was created with planners from Kitchener, Waterloo and the Region, students, landlords, bylaw enforcement officers and officials from the three schools all participating. Some of the goals of the task force were to raise the supply of student housing, reduce the negative impact of student housing in neighbourhoods and better the relationships of stakeholders in student housing.

The task force released its final report in April 2001. A staff report about the task force's report was tabled to council for information on July 3. On Aug. 13, the planning committee adopted the recommendations in the staff report and on Aug. 27, the interim control bylaw was endorsed by council with a resolution to also create a

working group to examine the housing situation in lower Doon.

During the hearing, Janice Given, principal planner with the city of Kitchener, said the bylaw accommodates a full range of housing types within the area. Furthermore, she said it supports a high quality of life in a residential area.

However, during cross-examination by Dimitri Nenkov, a landlord in lower Doon, Given said the bylaw wasn't targeted at students specifically, but rather at lodgings in the area.

She also said there were many legal non-conforming duplexes and other legal uses of the land occurring in lower Doon despite the bylaw being put in place.

Yet in his opening remarks to the board, Nenkov, who is looking to move to the area, said he objected to the bylaw because it was contrary to good planning.

Citing the student housing task force report calling for the increased opportunity for student housing in the region, Nenkov also said the bylaw severely restricts housing opportunities in the lower

Doon area.

"This bylaw strikes down the provincial policy of duplexing without a sound planning study to indicate such a severe action," Nenkov said referring to lower Doon.

Nenkov also said he is opposed to the bylaw because it's targeting a specific group of citizens.

As a landlord, Nenkov said he offers affordable accommodations to students at three properties.

Two of the houses he owns with his business partner are duplexed according provincial regulations. He said the third house was refused duplexing by the city in August.

Also testifying before the board in opposition to the bylaw was Jim Law, a homeowner in the lower Doon area since 1996 and landlord.

Law said the passing of this interim control bylaw is an extraordinary measure with the resources the city has available.

In his argument, Law cited Section 38 of the Planning Act which says a municipality must substantiate the rationale of an interim control bylaw.

Continued on Page 2



# Fate of student housing still up in the air

## Continued from Page 1

He also said the bylaw must conform to the official plan and that a review of the bylaw be carried out fairly and expeditiously.

"I'm not a planning expert but I can see the interim control bylaw does not meet all these tests," he said.

Law also referenced the student housing task force. He said one of the priorities of the task force's report is increasing student housing in the lower Doon area or across the entire city.

To dispute the concept of rowdy students in the neighbourhood, Law provided statistics about complaints in the lower Doon area. In 1996 there were seven complaints where bylaw enforcement was called. There were 10 in 1997, 14 in 1998. It peaked in 1999 with 28 complaints. The number of complaints dropped to nine in 2000 and three in 2001.

There were two noise complaints in 1996, one of which was a diesel car. Between 1997 and 2000, there were seven noise complaints with one in 1997, three in 1998, two in 1999 and one in 2000.

Of those seven complaints, three of them were for barking dogs in the neighbourhood. The noise complaints reached a high last year with five complaints. However, one of them was a complaint about a barking dog.

Law said this was an ongoing problem the city has identified but a new bylaw will not change the conditions.

While he praised the student housing task force for doing a lot of the groundwork, he also praised other landlords for policing themselves in keeping students under control.

Continuing his testimony before the board, Law said the bylaw contradicts Section 24 of the Planning Act stating no bylaw shall be passed for any purpose that doesn't conform to the official plan.

On the city's official plan, the majority of lower Doon is designated R-3. This designation allows single-detached dwellings, duplexes, home businesses and small residential care facilities.

The rest of lower Doon is designated R-4. This designation allows for all land uses that R-3 allows, but also semi-detached dwellings.

Law said the city did not act in a fair and expeditious manner in enacting this bylaw. The new piece of municipal legislation was enacted on Aug. 27. The city didn't form an in-house working group to study the matter until November and didn't hold its first public meeting until Jan. 16.

In June 1999, Law said the city was notified of the formation of a landlord association on the lower Doon area.

"If the city was interested in housing in lower Doon," he said, "they would have had some contact with us."

Allen Goodine told Spoke he has been housing students since 1995. He said the conditions have changed since 1996 when it was 10 students to a house.

He said since the association formed the parties have been kept under control and the conditions at the properties have improved.

"I spent \$5,000 to meet the city's fire codes," he said, adding landlords are concerned about safety issues.

Goodine also said he provides a full-service living environment for students because he was once a student. But on top of what he offers, Goodine also meets the parents of students he has living with him because he feels he gets quality students renting from him.

Nenkov told Spoke if the city had such good planners, they should have foreseen the growth of the college and how it would affect the area.

He said the city should have bought land and made arrangements for students because there is nothing there for them.

"If the problem is such as it is today," he said, "it's because of the city's poor planning."

After the break, Given testified before the board that lower Doon had some very old houses, many of which were heritage homes.

To retain their heritage designation, these homes cannot be substantially altered physically.

But at the same time, lower Doon is home to more typical suburban development found around the city.

According to Given, the official plan calls for low-rise residential in the lower Doon area to accommodate a full range of housing types with a mixture of low-densi-

ty housing use.

The housing task force outlined objectives such as satisfying a wide range of housing needs to all residents, increasing the housing supply and a high quality of life in residential neighbourhoods.

"It is my opinion that the interim control bylaw conforms," she said, adding the bylaw's purpose isn't to remove lodgers from the houses in the lower Doon area, but rather to reduce the number of residents in lodging units outside of or not located in recognized lodging houses.

With the evidence she has seen in lower Doon, Given said there are illegal lodging units that do not fall under the city bylaws.

Those testifying for retaining the bylaw said they were concerned about too many students affecting the quality of the neighbourhood and the safety of the houses the students were living in.

Conestoga Students Inc. President Jon Olinski testified against the bylaw.

In his testimony, Olinski said this type of housing is important for students because it gives them a chance to live in a quiet place near the school.

He also testified that families are taking these students in and in these environments, students would have to act accordingly or they would be removed.

Olinski's biggest concern came from the public meeting he attended the night before.

He told the board that he talked to the bylaw officer in attendance

and that if a homeowner was caught violating the bylaw, the possibility existed that the student would be removed from the home immediately despite the landlord violating the bylaw. And because lodgers are not covered under the Landlord Tenant Act, they have no legal rights.

In addition to the controversy surrounding the bylaw, the definition of household Given used in her testimony also came under scrutiny.

In testifying for retaining the bylaw, Randall Martin, a resident of lower Doon for 18 years, said he wasn't sure the bylaw went far enough.

He compared a football team to a family if they watched television together and had equal access to all the house's facilities, which would qualify them as a household under the city's definition. That team, he added, under this bylaw could also have up to three lodgers living in the house as well. He also said bylaws like this are hard to enforce.

"There's no definition of household," he said while the board was convening to make a decision.

The city's definitions have created illegal rooming houses in the lower Doon neighbourhood, said Martin, adding that he's not suggesting the block is filled with lodging houses.

"They (the city) are planning by default," he said, "which isn't really planning."

A decision on the bylaw could come within 30 days.

## School of Health Sciences awards outstanding students

By Sanja Glibota

Five graduates from Conestoga's Schools of Health Sciences and Community Services received awards for outstanding academic and practical achievements at a graduation ceremony in December.

Kimberley Colangelo, Wendy Martin and Johanna Rose were the winners from the 48-week practical nursing program.

Rose received the \$500 George Carl Watters Bird Scholarship from the Homewood Foundation of Guelph.

She was recognized for her interest in psychiatric nursing and her desire to pursue additional education in the field.

She also proved excellent interpersonal skills in dealing with patients and high academic achievements.

Martin won the Registered Practical Nurses Association of Ontario Award for Student Excellence.

The winner was selected based on demonstrated leadership ability, self-directed learning, theory and clinical excellence, personal and professional growth and awareness of the importance of professional associations such as RPNAO.

The award consisted of a recognition plaque and a one-year membership in the association.

Colangelo, the third student awarded in the program, received the Sunnyside Home Award for General Proficiency.

She won a nursing professional reference book in recognition of her high academic standing in theory, effective performance in clinical settings and demonstrated personal and professional growth during her studies.

Lori Edwards and Keri Hoyt, graduates from the Personal Support Worker program, were also recognized at the graduation ceremony.

Edwards received a specially designed program pin, which was the Faculty Award for General Proficiency. She earned the award by high academic achievement and effective application of theory to clinical practice.

Hoyt was presented with a recognition plaque, the Chair's Award for General Proficiency and Leadership.

She was recognized for above-average performance in both clinical and theory aspects of the program, for demonstrated leadership and support of her colleagues.

## Meet the Industry Night an eye-opener

By Janine Toms

The Student Society of Manufacturing Engineers (SME) held its fourth annual Meet the Industry Night in Sanctuary on Jan. 16.

The event was held to provide students in the engineering program the opportunity to speak with individuals in their field, many of who are graduates of Conestoga.

Prior to the show, second-year mechanical engineering tech student Paula Zirdung was unsure of what the event had to offer.

"I really don't know what to expect. This gives us a chance to ask questions to the people who are out there in the industry, to get a first-hand account of what to expect."

Faculty member John Tilemans helped organize the event and hoped for a large turnout.

Companies at the event were from the area, and included Rockwell Automation, a Cambridge company that had two representatives, both graduates from Conestoga College.

Manufacturing engineer and Conestoga grad Vicki Williams was excited SME was offering the event.

"We hope to give students an idea of what a Conestoga College student can accomplish after school. When we graduated there wasn't a night like this," said Williams.

Cambridge-based Polymer Technologies Inc. creates moulding solutions for automotive parts. They currently have two co-op students from Conestoga and said they have

had great experiences in the past with Conestoga graduates.

Tom Malinowski, student chair of the SME, is a third-year automated manufacturing engineering student. He said the evening was a great opportunity to meet and talk with people from the field.

"Students should take advantage of great things like this," he said.

General Manager Mike Matich of

**"We hope to give students an idea of what a Conestoga College student can accomplish after school."**

*Vicki Williams, manufacturing engineer*

Bes Laser Services discussed the opportunities available to students graduating from engineering programs.

"It is a major advantage to be able to speak to students as a Conestoga graduate to let them know there are opportunities out there," said Matich.

Dave Schlievert, president of Environmental Quessence Technological Recovery Management in Kitchener, acquires components of old machinery and takes them apart to salvage useful material and then sells the parts. Schlievert said his company is conscious of what can be reused.

"The preservation of our environment is key to the operation of our

business. We feel that our operation plays a role ensuring that all reusable parts do not end up in a landfill or junk yard. We hope that graduates will continue to be mindful of the environment once they graduate into the industry.

Karl Wolf, a 1986 graduate of Conestoga College thinks the SME event was an excellent way for students to start thinking for themselves.

Comdev is a company that creates satellite communication equipment. Philip Young, machine-shop group leader, said students from Conestoga are valuable and ideal employees from his company.

"There are people coming out of Conestoga and coming into our company. The college is an excellent resource for recruiting new workers. This event provides us with a good opportunity to meet the students," he said.

During the evening the industry SME chapter gave the student SME a cheque for \$1,000 towards the purchase of a computer to assist with administrative functions of the organization's activities. On hand to receive the cheque was Conestoga College President John Tibbits.

"One of the reasons (Conestoga) is ranked No. 1 is because of the support we receive from these companies," said Tibbits.

Tileman's expectations were exceeded, as the turnout for the event was good.

"We ran out of pizza fairly quickly. We estimate that there was at least 200 people here," he said.



# Students can job hunt at job fair

By Julianna Kerr

Are you looking for full-time or summer employment? If so, Conestoga's job fair could help point you in the right direction.

The job fair is on Feb. 6 at RIM (Research In Motion) Park, and is run by Conestoga and three partner schools: University of Guelph, Wilfrid Laurier University and University of Waterloo.

Student employment officer Sara Free said job fairs are usually pretty busy. Employers from various industries such as computing, human resources and information technology, sign on to attend.

They set up booths and usually offer students brochures and information about their businesses.

Free said the biggest advantage of the job fair is the opportunity provided for students to network with employers.

"When you're looking for a job, that's the hard part," she said. "You don't usually have a ton of related experience because you've been in school. If you network with people, you make an impression and get contacts."

All employers at the job fair must currently be hiring, so they

are usually there with recruiting purposes in mind.

"Students should definitely take their resumes," Free said, "and if they want to personalize a cover letter, that's always a good idea."

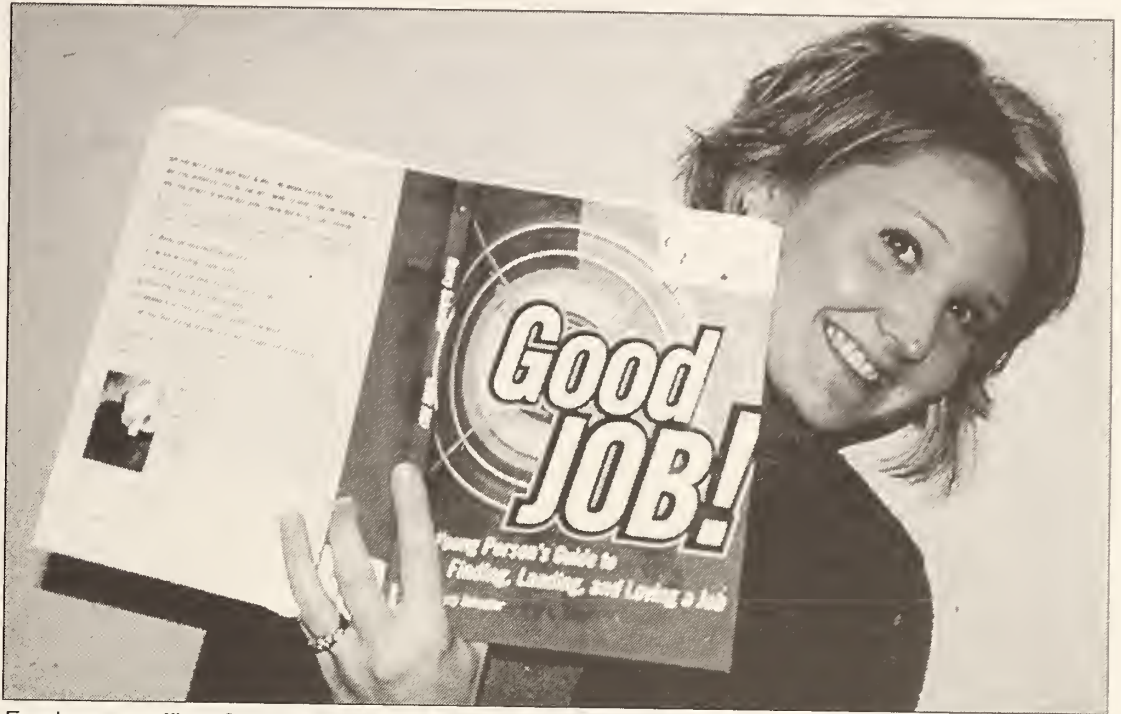
Students should dress professionally as if they were going to an interview, especially if they plan to talk to employers.

"A lot of the time, the employers are really thinking of it as a preliminary interview," she said. "Take a good attitude and some confidence, and don't be afraid to approach the employers. That's what they are there for."

Free suggested students also prepare a few relevant and interesting questions to ask the employers regarding their business or organization.

Students are encouraged to pick up a guidebook, which will be available in the student employment office about a week and a half before the job fair.

"The benefit to that is we list the company, a profile of the employer, positions that are available and contact information," she said. "So it's a huge resource even after the fair. And if the employer has a Web site, it's usually in the guidebook as well, so students can look it up."



Employment officer Sara Free helps students with resumes and cover letters in preparation for the job fair next month.

(Photo by Julianna Kerr)

Students are always welcome to go to the employment office for information.

Many employment resources are available there.

Appointments can also be booked for free critiques on

resumes and cover letters, or even for help with interviewing.

"Often times, that's really hard for people," Free said, "and they just need to sit down and go over a few questions."

There is no charge for the job

fair, but participants should make sure they have their student cards with them.

Buses will shuttle students back and forth four times during the day, leaving from and returning to Door 2.

## Upcoming biz bash has naughty theme

By Tori Sutton

Conestoga students who are still searching for their Valentine's sweetheart may just find what they are looking for at the Computer and Business Student Association's (CBSA) Biz Bash on Feb. 7.

"This is the student body's chance to find a Valentine's date the week before," said Graham Whiteley, head of promotions and activities for the CBSA.

"And anyone who is committed has the chance to be naughty."

Like past bashes, this semester's Biz Bash will not be without games and prizes.

Following the Valentine's theme, the CBSA has organized a Love Shack, where students will swap clothing to win prizes.

103.5 FM's Mike Marshall will be hosting the event, which is being held at Stages in downtown Kitchener.

Marshall will be co-ordinating different activities and will assist in giving away \$1,000 worth of prizes from the Stag Shop.

Molson Canadian will also be in attendance.

The CBSA is also looking forward to a special guest.

Master T, former Much Music deejay, is expected to be in attendance.

"I am under the distinct impression he is going to appear," said Whiteley. "And if

I'm wrong, I will be subject to a public beating by the student body."

**"Anyone who is committed has the chance to be naughty."**

*Graham Whiteley,  
CBSA promotions and  
activities*

Last semester's Biz Bash drew a crowd of more than 300 students, and the CBSA is hoping the turnout will be just as good this time around.

The CBSA has been advertising around the school, and is hoping to advertise at Wilfrid Laurier and the University of Waterloo.

As well as attracting more students, the association hopes to see more faculty members turn out to the event.

"We would like to see support from other professors, especially marketing," said Whiteley.

"The accounting professors always come out and show their support."

Tickets for Biz Bash are available in the CSI office, the CBSA office (Room 1D14), or through class representatives.

The doors open at 9 p.m., and bus sign-up is available at residence for students seeking transportation downtown.

## Course exemption criteria expanded

By Janine Toms

If you're starting your program at Conestoga with a successfully completed year of post-secondary education under your belt, you may be exempted from having to take the student success course at the college.

In the past the course was mandatory for everyone except those coming to the college having already acquired a full degree.

Bob McIver, dean of academic support and preparatory studies at Conestoga, said the success course has been under investigation for some time.

"The view was that every student had to take the course. This is an issue that has been reviewed to determine whether or not all students were getting the same benefit from this course," McIver said.

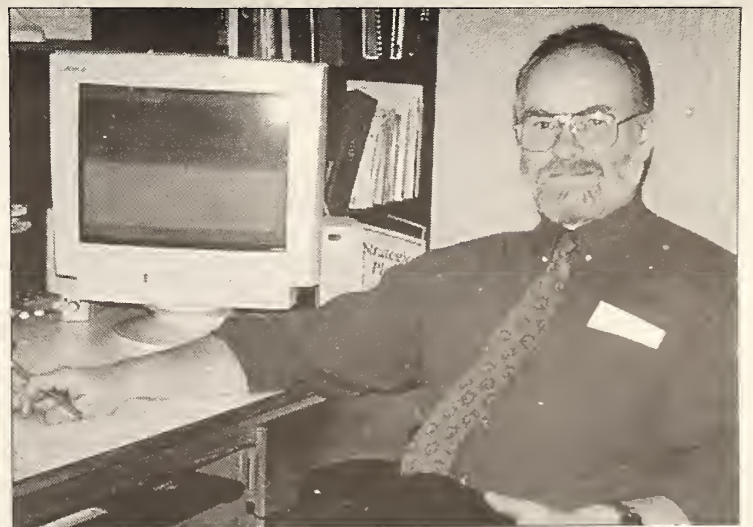
The recent review follows complaints by some students about the course being mandatory.

"Whether the course is mandatory or not is to be decided by the individual programs," he said.

The academic criteria has now been clarified in order to become exempt from the student success course. If a student has spent one year at another college and received a clear pass from their initial year, there may be no need to take the course. Prior to these revisions, a student had to have an entire degree to be exempted from the course.

"The standard was that they had to complete their degree in order to be exempted," McIver said.

The course started about five years ago and was deemed important for students' advancement in their individual programs. It was



Bob McIver, dean of academic support and preparatory studies at Conestoga, says exemption from the student success course requires a year of successful post-secondary education.

(Photo by Janine Toms)

created to enable students to acquire skills that would make them more successful as students.

But it has since been recognized that students come to the school with a whole variety of skills and background.

"We know there are students who simply don't need it," McIver said. "Some students might have been misunderstanding how mandatory it is." However, McIver stresses that Conestoga wants every student completing a general education degree to have the same opportunities as the other programs available.

Mature students don't have academic standings but have experience with management skills within the workforce. John McIntosh, faculty member and co-ordinator for the strategies for student success course, is working to produce

a protocol for mature students to sit down with him one-to-one to assess if the student success course would be beneficial for them.

McIver and McIntosh conducted a survey regarding the course. The two wanted to find out if the course was helpful.

"We wanted to know the general outlook of the program," said McIver. "The other situation that occurs is many people are not willing to admit they need the help offered in the course."

McIver said sometimes when a student is convinced to take the course, they appreciate what skills they acquire from it.

"In the future there may be further refinements," said McIver. The most important element is whether the course is valuable for the individual. "We want it to work, we want it to be relevant."



## Tenure not the answer

It's more than just a debate on higher education, it's a debate on an institution.

Academic tenure is an issue that is hotly debated.

One definition of tenure means to have the status of holding one's position on a permanent basis without periodic contract renewals.

For some, this means instructors at the post-secondary level can teach whatever they want to teach students and never get fired for it.

On the opposite side of the issue is the argument that tenure allows academics the freedom to publish controversial or unpopular ideas without having the fear of being fired.

However, in today's climate of post-secondary education, tenure is fast becoming obsolete and post-secondary institutions should revise their policies.

Tenure was an important concept during the 20th century, specifically between the 1950s through to the end of the century.

It allowed instructors to lecture or teach about controversial topics without reprisal from administrators.

During this time, tenure was an important aspect of an instructor's job security because it gave them the freedom to lecture freely without having a constitutional right to free speech tread upon.

Today, the National Education Association (NEA) says, "that academic and intellectual freedom in institutions of higher education are best protected and promoted by tenure, academic due process, and faculty self-governance."

The NEA goes on to further affirm from a statement made in the 1940 "Statement on Principles of Academic Freedom and Tenure" that "Institutions of higher education are conducted for the common good and not to further the interest of either the individual teacher or the institution as a whole. The common good depends on the free search for truth and its free exposition."

Academic freedom is essential to these purposes and applies to both teaching and research. Freedom in research is fundamental to the advancement of truth. Academic freedom in its teaching aspect is fundamental for the protection of the rights of the teacher and of the student in freedom in learning."

However, research is a major component in post-secondary institutions and tenured professors are the ones conducting that research. In that vein, it would appear that tenure is more self-serving in promoting the school and the professor rather than in serving the needs of the students.

It would seem the very concept of tenure is the opposite of what the NEA would have the population believe.

In an era where the freedom to publish and exercise a constitutional right to free speech is highly promoted, tenure has become obsolete.

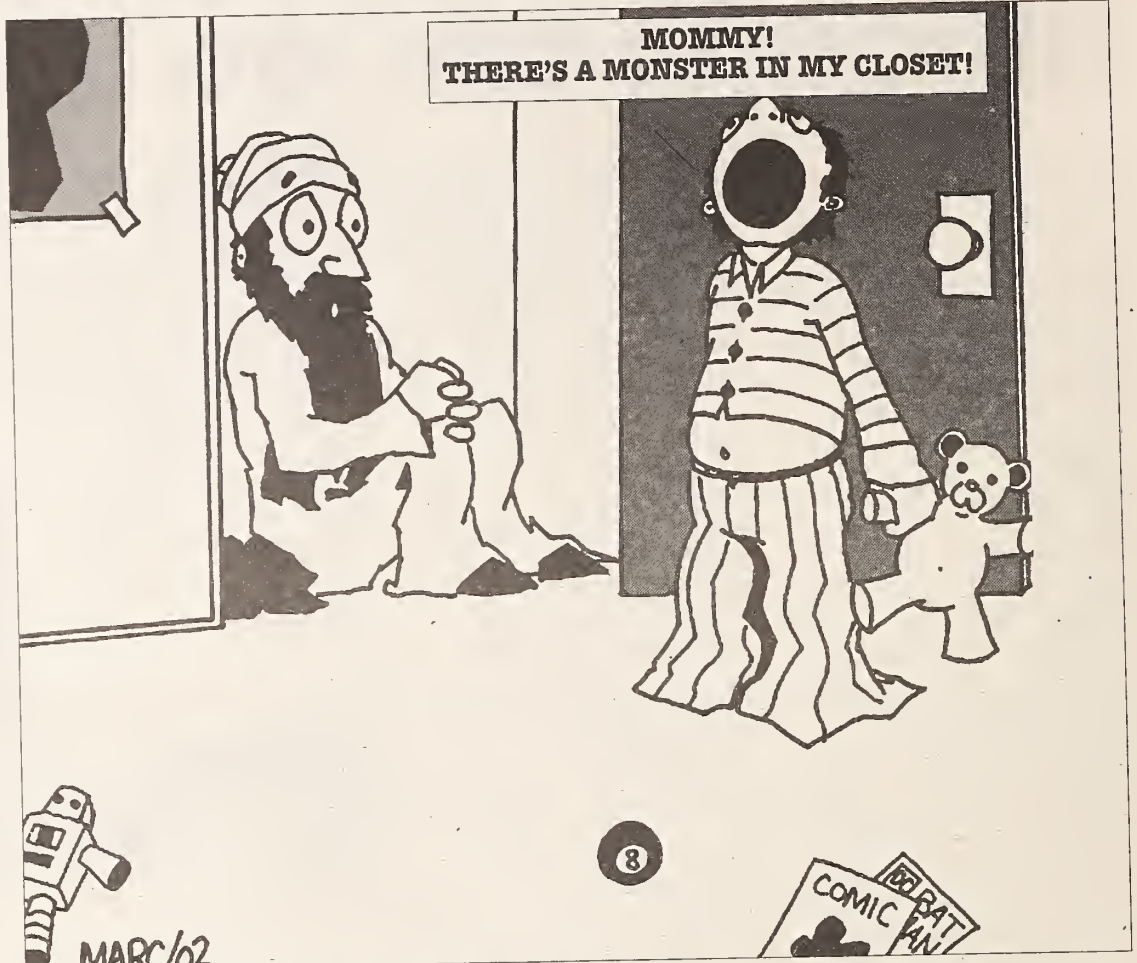
The advent of the Internet has given tenured instructors the opportunity to spread any message they want and reach more people at the same time.

Rather, tenure is now protecting those instructors who have become complacent with the system.

The system needs to be revamped. While more part-time instructors is not a good thing because continuity in a course is important, a balance of full-time and part-time instructors, significant probationary periods and renewable long-term contracts, all things the NEA argues against, are the solution. The flexibility these options provide against tenure is something the institution should have.

Tenure is an outmoded institution that needs to be removed from post-secondary institutions. It may have been considered important when an instructor could be removed for teaching something considered offensive, but the times and labour laws have changed.

It's just not needed now.



## Pot growing getting out of hand

It's about time that people who are caught growing marijuana in their homes are punished appropriately.

Marijuana is illegal and there should be serious consequences that go along with growing and selling the substance.

Since 2000, police have busted 68 pot-growing operations in local homes in the Kitchener-Waterloo area.

In a Jan. 17 Kitchener-Waterloo Record article, police said they believe there are another 200 homes in the area being used to grow dope.

**They are putting everyone in danger, including their neighbours and families.**

In many of these cases, the people running these pot-growing operations are doing so in their own homes, with their wives, husbands and even children forced to witness the illegal activity, possibly exposing them to criminal charges as well.

They are putting everyone in danger, including their neighbours and families.

In a precedent-setting court case



**Reni Nicholson**

in mid-January, an Ontario judge sentenced a Kitchener man to 12 months in jail for operating a sophisticated marijuana garden in the home he shared with his wife, 18-year-old son and 20-year-old daughter.

Thao Van Huong, 45, will go to jail for a year after Waterloo regional police raided his home in the Stanley Park area on Sept. 12, 2001.

The raid found Huong was harvesting 313 marijuana plants with a street value of \$219,000.

These raids have been numerous, occurring almost weekly in the Kitchener area, but until recently no one had gone to jail.

To date, local courts have handed out conditional home sentences to people found guilty of such growing operations.

It's about time and still not too late to hit someone with a big charge.

We need to send the message out there: Waterloo Region will not stand aside and let these illegal business owners get away with growing and selling pot.

It's getting out of hand.

Recently, Cambridge, Kitchener and Waterloo councils discussed the idea of a five-year jail term for people charged with crimes such as Huong's.

The suggestion has gained strong support from all levels of government in the tri-cities.

**A jail sentence is the only answer to the growing problem of pot farmers and should enforced immediately.**

The sentence is the only answer to the growing problem of pot farmers and should be enforced immediately.

It's hard to believe Huong's case was the first to result in jail time, but now that precedent has been set, other local and provincial judges should follow suit in order to clean up city streets and local neighbourhoods.

House arrests don't work. They are violated time and again.

One judge acknowledged this, handing out a jail term instead. Maybe it will force those who do grow pot in their homes to stop and consider the harsh consequences.

# SPOKE

## Keeping Conestoga College connected

SPOKE is published and produced weekly by the journalism students of Conestoga College.

Editor: Michelle Goring; Online Editor: Tori Sutton

Circulation Manager: Jody Andruszkiewicz

Advertising Manager: Reni Nicholson; Photo Editor: Sanja Gilbota

Production Manager: Kirsten Fifield

Faculty Supervisor and Adviser: Christina Jonas

SPOKE's address is 299 Doon Valley Dr., Room 4B14, Kitchener, Ontario, N2G 4M4.

Phone: 748-5220, ext. 3691 Web site: [www.conestogac.on.ca/spoke](http://www.conestogac.on.ca/spoke) Fax: 748-3534 E-mail: [spoke@conestogac.on.ca](mailto:spoke@conestogac.on.ca)

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## Memory improved through mnemonics

Continuing education course teaches important memory-enhancing techniques

What do you know about mnemonics? Nothing? Neither did I, until I took a continuing education course designed to boost my memory on Jan. 19.

The Canadian Oxford Dictionary defines mnemonics as the art of improving memory, especially by artificial aids.

Course instructor Peter Whittingham has made his presentation of the materials something of an art form.

From 9 a.m. to 4:30 p.m., he taught us, entertained us, and helped us learn the skills to improve our tired memories.

**"Memory will help you keep your career, further your career, or even find a new career."**

*Peter Whittingham, mnemonic course instructor*

Whittingham has been sharing his memory-enhancing abilities with others for about six years. He still marvels at the fact that he



Julianna Kerr

gets paid to do something he obviously loves so much.

"A good memory is important," he said. "It opens the door to success in all areas of life. Memory will

help you keep your career, further your career, or even find a new career."

Everybody suffers from the occasional memory lapse. Whittingham said the trick is not to worry about it. Relax and let your memory find what you're looking for.

"Memories aren't good or bad," he said, "just trained or untrained. We've got this wonderful brain — this marvelous computer — it just doesn't come with an instruction manual."

Learning methods introduced throughout the day included imaging, linking, brainstorming, rhyming and using acronyms. Whittingham guided the class of 19 through fun exercises designed to

illustrate the many methods he teaches to improve memory.

By the end of the day, we were impressing ourselves and each other with our newly boosted memories.

To ensure success, however, the tools and methods must be used regularly. Whittingham said if you don't use your memory, you will lose it.

**"These methods enhance your creativity and the way you use your mind."**

*Whittingham*

"These methods enhance your creativity and the way you use your mind," he said. "They make learning fun. Studying and learning should be lifelong activities."

Throughout the day, Whittingham often emphasized the importance of challenging our minds.

"This wonderful brain of ours needs games," he said. "Do crosswords and play trivia games. Keeping your brain stimulated is a way of staying young."

If your memory needs a boost, contact the continuing education



Instructor Peter Whittingham illustrates methods of improving memory at the Doon campus on Jan. 19. (Photo by Julianna Kerr)

department for information on the next course.

"Your brain will serve you

well for the rest of your life if you challenge it," Whittingham said.

## History of Internet displayed on archive.org

*This column appears weekly and focuses on fun and interesting Web sites of interest to the students and staff at Conestoga College.*

I've never been a student of history. I prefer the shiny new year as opposed to anything that is over and in the past.

Therefore, I was surprised to enjoy the Internet Archive at archive.org. This page shows the history of the Internet through development of sites.

**Not only does this site carry non-existent pages, it also has earlier versions of Web sites that are still active. The intent is to show how a specific page has evolved over time.**

The Internet Archive claims it is "working to prevent the Internet and other digital materials from disappearing into the past."

Not only does this site carry non-existent pages, it also has earlier versions of Web sites that are still active. The intent is to show how a specific page has evolved over time.

There are two problems here — you have to remember the exact html site address in order to find it.

The other problem is that I can-



Stacey McCarthy

not imagine why anyone would find this sort of information useful.

I suppose someone deeply involved in the Internet would be interested in

the history of different Web sites, but it doesn't appeal to the average user.

Neither does the page appeal to most users. Archive.org is intended primarily as a research tool, so you won't find any pleasing graphics or multi-coloured pages.

The newest and most interesting feature on this site is called "WayBack Machine."

WayBack collects Web pages in their original form. The whole database is a compilation of Web sites that no longer exist, like those for Y2K premonitions, the Bush voting fiasco or Bre-X pages.

One of the most popular additions to WayBack is the compilation of all the Sept. 11 sites. Any Web page available at that time will be found at the Internet Archive.

WayBack has already received an award as the most innovative Web service in the past five years for this feature.

But again, you must already know the actual web site address in order to find it on the database.

After you type in the address,

WayBack lists all hits for that site from 1996 to the present.

WayBack is currently the largest database in the world with more than 100 terabytes (10 billion pages) of data and it is increasing by 12 terabytes each month.

**WayBack is currently the largest database in the world with more than 100 terabytes (10 billion pages) of data and it is increasing by 12 terabytes each month.**

Bancroft Library at the University of California, Berkeley, creator of the Internet Archive, intends to chronicle the entire public Web using the Internet Archive.

Anyone can use this service for free. The Library of Congress, the Smithsonian, IBM and the Federal Government Information Clearinghouse are already avid users.

The Internet archive will definitely be useful as a research tool and is already well on its way towards digitally chronicling the greatest moments in our history.

*If you know of any fun or interesting Web sites you can e-mail me at staceym18@hotmail.com and your suggestion may appear in a future column.*

## Escape from reality through superstitions

Sometimes there is nothing wrong in being a little superstitious and silly.

Every February, people seek some fun and frivolity in the Bruce Peninsula, a town between Lake Huron and Georgian Bay.

For more than 40 years thousands of people from around the world gather among the local residents to greet an albino groundhog that emerges from his burrow and predicts weather on Feb. 2.

If Wiatron Willie sees his shadow, that means we'll have six more weeks of winter. But if he doesn't, an early spring is close.

Although Willie's predictions are not always promising, spectators never leave disappointed because this superstition helps them escape a cold reality where hunger, war and homelessness are present in so many parts of the world.

Even if you are not interested in problems in faraway countries, just look around. You'll probably notice that some members of your family and your friends are fed up with the snow and cold winter weather. Some of them are ill with seasonal affective disorder that varies from mild to severe cases that require serious medical treatment.

SAD is not only an Ontarian phenomenon. People around the world suffer from it.

And while everyone has a different way of coping with the winter depression, there seems to be nothing wrong if some people choose to be a little bit superstitious and silly to warm up their hearts.

The budget for the event is \$60,000. That's a lot of money, especially when everyone can just



Sanja Glibota

turn on their television sets to hear the opinion of the professional forecasters.

But the TV screens can't warm up people's hearts as much as the

Wiatron Willie Festival can.

The event, organized by groups such as the Lion's Club, chamber of commerce and town of Wiatron, offers something for everyone.

The list of activities includes snow sculpting, cross-country skating, curling and a road-hockey tournament to a pancake breakfast, face painting fairs, craft shows and sales, comedy acts and fashion shows.

It also offers an opportunity to forget that the beginning of February in the Northern Hemisphere means that days are usually becoming shorter and colder.

But besides raising the spirits, the festival also raises thousands of dollars for the development of the local economy.

According to an article in the Kitchener-Waterloo Record in February 2001, the festival usually raises about \$25,000 to \$30,000 for the local hospital, schools and homes for seniors.

And it all begins with a silly superstition that a cuddly groundhog called Willie can predict the weather.

This truly proves that some superstitions are not only harmless, but also help to improve the cold reality.



# Female technology students meet with alumni

By Laurie Vandenhoff

Generally a group of women chatting the night away would not generate much surprise. But when the topic of conversation deals with digitizers, CAD skills and design build projects, there is call for celebration. On Jan. 17 female technology students from Conestoga College were invited to meet other women working in the technology industry. "The students need to hear other women talk about working and their work experiences," said Julia Biedermann, a teacher of the civil engineering program and an organizer of the gathering. And to give the event even more impact, the guest speakers attending the "meet and greet" were Conestoga alumni. Michelle Voss and Gwen Finhert both graduated from engineering programs several years ago, and were like many other female technology students, a minority in their class. However, both overcame the stereotypes and landed jobs in the technology field. Voss, a graduate of the civil engineering program, now works for Melloul-Blamey Construction in Waterloo. Being the only woman at the full-

service general contracting firm can sometimes produce shock among men working in the industry. "It's always a good surprise when you walk into a meeting or site visit and everyone wonders what you are doing there," she said. "It's something you have to get used to."

**"The students need to hear other women talk about working and their work experiences."**

Julia Biedermann,  
civil engineering instructor

She also realizes that there is a lack of women in the industry. "It's too bad because it's really an exciting field," she said. Voss thinks a lot of girls are not pushed hard enough into these careers and that they lack the experience sometimes needed. "I don't have that practical background. Whether it is building something with your father when you were younger - it takes me longer to catch on," she said. Finhert's father, on the other hand, always pushed her into engineering. He bought her a drafting table

before she was even in high school, and Finhert is grateful he did. Finhert works for Polymer Technologies Inc. in Cambridge and knows the kind of demand there is for skilled workers like herself. The tremendous opportunities are not effectively communicated to students, she said. Finhert, a product development engineer at the automotive parts manufacturer, said despite the apparent slowdown in her industry, her company is still busy, meaning the need for technology graduates is even greater.

When Biedermann began organizing the event she knew she needed women who were fresh to the field, like Voss and Finhert. "They don't want to hear from faculty about what a great job they're going to get. We're not out there working," said Biedermann. "They want to hear from people who are relatively new because they can relate." Despite a poor turnout of only four students, the event was still rewarding for those who attended. Lindsay Hemmerling, a first-year civil engineering student, was happy with the event because of the contacts she made and what she learned about the industry.



Michelle Voss (left) and Gwen Finhert, both Conestoga alumni, attended the Women in Technology "meet and greet" to share their successes in the field of technology. The event was organized so women currently enrolled in technology programs could meet those already in the industry.

(Photo by Laurie Vandenhoff)

"It's one thing to read about it," she said. "But to see someone who has succeeded..." The event was presented by the college's school of technology and the Women's Resource Group.

Biedermann hopes to hold a similar event in the future. "I think it has to be something centered around lunchtime," she said, adding, it was hard for students to stay at school until five at night.

## Fire alarm surprises everyone

By Laurie Vandenhoff

Students who braved the cold of last week's accidental fire alarm, will not have to endure another one. The testing of fire drill and evacuation procedures at the Doon campus usually takes place the third week of January but because of the Jan. 17 alarm, students received an exemption from the biannual event. "It came as a surprise to us as it did for anyone else."

Barry Milner,  
physical resources manager

"It came as a surprise to us as it did for anyone else," said Barry Milner, manager of physical resources at Conestoga College. The alarm went off at 3 p.m. and because it was not planned, physical resources and security responded to the alarm as if it were a real fire. A prompt investigation revealed that the cause was a faulty smoke detector. "Normally we would be looking for smoke and fire," said Milner. "But because that wasn't the problem we had to keep looking." Students, faculty and employees had to wait outside for approximately 15 minutes while the problem was located. "Because this was not a drill, students could not be let inside until the fault was found," said Milner. The smoke detector was changed and as a result, last week's fire drill was cancelled. Drills, however, will still be conducted in the college's outlying buildings.

## TIME MANAGEMENT

Time management is about making things happen, rather than having them happen to you.

1. Prepare a weekly study plan. An example has been started...

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30-8:30							
8:30-9:30							
9:30-10:30							
10:30-11:30							
11:30-12:30							
12:30-1:30							
1:30-2:30							
2:30-3:30							
3:30-4:30							
4:30-5:30							
5:30-6:30							
6:30-7:30							
7:30-8:30							
8:30-9:30							
9:30-10:30							

Fill in regular commitments like lectures, labs, workshops, work, then block of some time for social and leisure activities. Your blocks of study time will become visible.

2. Use the time between classes wisely for things like reading, researching, and reviewing, not just hanging around.
3. For every hour you spend in a classroom, expect to spend 2 hours outside the classroom on things like homework, studying, assignments, and reading before the next class.
4. Make out a month-at-a-glance plan for the semester. Mark tests, finals and assignment due dates. You can see the whole month at a glance and can prepare for those busy weeks in advance.
5. Monitor the time you are spending on the computer. Are you messing around with emails and surfing the Web? Keep this activity for leisure time, not study time.



For more information on this technique and other learning and study strategies, contact Student Services, 2B02, for an appointment.



# Conestoga College celebrates women

## Locally, International Women's Week to feature dinner and entertainment

By Reni Nicholson

Canadians will celebrate International Women's Week from March 3 to 9, with the highlight of the week taking place on International Women's Day, March 8.

This year's theme is "Working in solidarity: women, human rights and peace."

The Status of Women Canada said the theme was created to recognize the influence and crucial role played by women in conflict

resolution and peace negotiation, as well as the part they play in seeking social justice on the local, regional, national and international levels.

Keeping with the national theme, Conestoga College's annual Celebrating Women dinner will feature entertainment by Charmaine Jones, a doctor at the Hospice of Windsor, and Linda Gaudet, a pharmacist at Cambridge Memorial Hospital.

The women will tell stories about their experiences during a

fund-raising bicycle trip for Lisaard House, a hospice in Cambridge.

Jones and Gaudet embarked on Odyssey 2000 in the wee hours of the new millennium.

The couple, along with about 240 other cyclists, began the trip in Pasadena, Calif. heading the Tournament of Roses Parade, which took place at the Rose Bowl on Jan. 1, 2000. From there, the cyclists rode south, stopping in every continent, except Antarctica. The two women rode

32,000 kilometres across the planet calling their expedition in support of Lisaard House, "Wheels Around the World."

Tickets for the dinner and entertainment go on sale Jan. 28 and cost \$23 each until Feb. 8 when the price jumps to \$25.

Joan Magazinc, a counsellor in student services, warns those who are interested in buying tickets to do so soon.

"There are only 70 tickets available and since the number is limited they go fast.

"Students are invited, but in the past, mostly employees attended," Magazine said. She added she'd like to see more students attend the dinner.

Celebrating Women at Conestoga College will be held March 5 at the Waterloo campus dining room, with dinner scheduled to begin at 6 p.m.

Those interested in purchasing tickets can contact Jayne Thomas in Student Services, ext. 3337, or Monica Himmelman in Alumni Services, ext. 3459.

## Campuses come to life on issue of abortion

By Lisa Hiller

Protection of life and love of humanity brought students together at a National Campus Life Network symposium at St. Augustine's Catholic Seminary in Scarborough from Jan. 18-20.

Forty-two students representing 12 colleges and universities in Canada gathered for the weekend conference to discuss and develop strategies to continue to defend the rights of the unborn on their campuses.

According to its Web site, the National Campus Life Network (NCLN) tries to support, unify and expand individual life advocacy groups on post-secondary campuses. The network encourages and equips any size group in the defence of life.

That means the network will provide personal support in helping a campus club in recruiting new members and being a resource in educating post-secondary pro-lifers. As well, the NCLN can lead students in the right direction to seek assistance, from personal sources to reading material.

Through its conferences, the NCLN, with the skills and education of its members, helps inform and activate the post-secondary student population.

Kevin Belgrave, executive director of NCLN, opened the symposium and welcomed participants.

"The NCLN's biggest resource is bringing people together to facilitate, discuss and inform students," he said.

The symposium began with Belgrave asking students to discuss pro-life activism at each represented institution.

Several universities like the University of British Columbia, the University of Toronto, and Carleton University in Ottawa had well-established and fairly active groups on their campuses.

Many students noted they wanted to kick-start their group or get one started.

Ben Bolger, a first-year engineering student at the University of Waterloo, is part of a group but looked to the symposium for more knowledge.

"I wanted to continue to learn so that I can talk and present my

view logically," Bolger said.

The weekend was split into six sessions, meal times and social activities. There were also chances to peruse and purchase items from resource tables set up by Birthright, Lifecycle books and Pharmacists for Life.

"The conference information is tailored to meet the needs of students trying to get the pro-life message across on campuses," Belgrave said. "There is an opportunity to talk to one another formally and informally."

Anna Westover, who speaks and works for the Center for Life Principles in Tacoma, Wash., spoke about understanding and changing the present culture and the principle of human suffering.

Two veteran university pro-life activists, Stephanie Gray from UBC and Jose Ruba from Carleton University, spoke about making a reasoned defence to pro-choice and pro-abortion people.

Gray and Ruba then had attendees act out the two sides of the issue and use the advanced apologetics they had learned.

Following the sessions, there were question and answer periods.

On Saturday and Sunday morning, participants were invited to attend mass with the seminarians or worship at other services in the city depending on religious preference.

Bolger said he was inspired by what the speakers said.

"It was encouraging to hear stories from other people," he said.

Bolger also said it was great to be surrounded by people who have identical beliefs.

He said, "Knowing there is a common interest makes you feel like there is hope."

Denise St. Jean, president of NCLN, said she was encouraged by the existence of groups on campuses and the prospect of new ones.

Administrators agreed that the weekend was a success and Gray left the audience of students with much encouragement and fight.

"We have to have the knowledge of truth, the forthrightness to get it out there, the courage to withstand threats, and endurance to keep going."

## Measuring mate



Doon campus's west-wing addition is well on its way to being ready for the fall semester in September. (Photo by Vanessa Laye)

## COUNSELLOR'S CORNER: DEPRESSION

Most of us have experienced waking up in a bad mood or "feeling the blues". These feelings are usually of short duration and have minimal impact on our lives. Some people experience sadness, loneliness, hopelessness, self-doubt, and guilt for weeks, months and even years. These experiences characterize depression, an illness believed to affect one in ten.

Here are some signs which might indicate that you or someone you care about is experiencing depression:

**FEELINGS-** loss of joy in formerly pleasurable activities; crying a lot or feeling emotionally "empty"; hopelessness; worthlessness; loss of warmth towards key people in life; loss of sexual desire; deep sense of shame or self-doubt.

**PHYSICAL-** overwhelming exhaustion and lack of energy; insomnia or the opposite; loss of appetite or the opposite; physical aches and pains; digestive problems; headaches.

**BEHAVIOUR-** irritability, withdrawal; neglect of responsibilities or appearance; reduced ability to concentrate, remember or cope with daily activities.

If these symptoms persist, or if their intensity is causing you to consider suicide as an option, it is important to seek assistance with a knowledgeable professional. On campus, counsellors are available in Student Services (2B02); a nurse and doctor are available in Health & Safety Services (inside door #3).

*A Message from Student Services (Room 2B02)*



# Meeting Conestoga's counsellors

By Stacey McCarthy

*This is the second story in a two-part series profiling the counsellors in Student Services at Doon campus.*

Do you feel worried, stressed or sad? If so Conestoga's counsellors are available for students looking for advice or someone to listen to their worries.

Students can make an appointment to visit one of six counsellors through the Student Services office.

## Judy Bates

"The best advice I've ever been given is to always keep trying and to be persistent towards things," says counsellor Judy Bates.

However, says Bates, this advice might not apply to all people and situations.

"Once in a while students may need to talk to someone about problems or issues they may be having.

"My role at Conestoga is to help students in any way that I can. I really want to help students have a successful time here. If personal problems aren't solved, they may start to affect students' academic performances."

Students need to solve their problems so they can relax academically says Bates.

"Sometimes even I need to relax. I make independent time for myself — like doing yoga or pleasure reading."

Bates says that her area of greatest training in counselling involves assessing problems and situations.

"Sometimes students come in and dance around their issues or talk around their problems. I'm able to get to the heart of the matter to see what a student is really talking about."



Bates

Bates is a part-time counsellor at Conestoga and also works in senior services at Cambridge Memorial Hospital. She also offers her time as a social worker, dealing with sexual abuse victims and helping to co-ordinate domestic violence treatment programs.

Even though Bates began her professional career as an educational assistant, she says that she enjoys counselling the most.

"I enjoy helping people with problems and assisting them through their difficulties.

"What I like best about my job here are the students," says Bates. "They are really vibrant, have a lot of energy and great ideas.

"I see a huge number of students in a day and that's great — meeting students in all different programs."

## Barb Kraller

Counsellor Barb Kraller says the best advice she was given was while working in a burn unit in Edmonton.

"A man I knew for six months died and I was upset," says Kraller.

She went to her supervisor and

asked if it was wrong to be upset.

"My supervisor said, 'come back to me if you don't feel for your clients any more.' That's true with counselling too — you must feel empathy."

Several qualities are essential for a counsellor says Kraller.

"You have to be a good listener, open to discussing other people's experiences. You can't judge other people and most importantly you must have genuine hope that people can overcome their problems."

Kraller has two jobs at Conestoga. The first is to counsel students by helping them overcome personal or



Kraller

academic barriers impeding their success.

"That involves giving them help with any problem that is interfering with their focus."

Her second job involves teaching an elective course dealing with test and public performance anxieties.

"Each day is mostly spent counselling," says Kraller. "I only spend five to six hours a week on the elective."

"I really enjoy working with mature students as well," says Kraller. "I have an admiration for those who have come back after

develop their skills."

Kraller has been at Conestoga since 1986. Before that she worked in Edmonton, Toronto, and with family and child services in London.

Kraller says she always knew she wanted to be a counsellor, "I knew that in Grade 10."

She says she likes the hopefulness, motivation and energy of students.

"I love the process of watching them, helping them and then seeing them graduate later on down the road. It's good to see people make the changes they want to."

## Carol Gregory

Conestoga counsellor Carol Gregory has had a lot of experience in her field, but says that when she first arrived at Conestoga she knew this was where she wanted to be.

"I taught in a high school and got my masters in counselling. Initially I was looking at hospital counselling, but when I saw the visible connection that exists between faculty and students, I was amazed."

The next place she contacted was Conestoga.

"I really enjoy working with students," says Gregory. "Some of them are facing huge academic barriers, but because students are so future-oriented, they are able to overcome their issues."

Gregory compares these issues to puzzles. "Problems have many different pieces and you have to find how they fit together."

"I help students with depression

and academic struggles. Many students come to me about problems that have been made worse with the added stress of school piling on more."



Gregory

In addition to daily back-to-back counselling sessions, it is also Gregory's job to co-ordinate the department.

She says counsellors don't specialize in specific areas because they see many different students in a day.

However, "the area where I have the most knowledge and extra information is in anxiety and depression counselling."

Gregory has taken extra courses outside of Conestoga on these issues.

In her spare time Gregory has also carved out a trail for herself as a traveler. In addition to spending spare time with her daughter, she enjoys kayaking, canoeing and skiing. Gregory has also been on safari in the Zaire and Virunga regions of Africa.

However, she always comes back to Conestoga College and her job as a counsellor.

"Conestoga's student population is great, with positive attitudes. It's a privilege to be involved with their struggles because there is a huge amount of energy here. It's a wonderful opportunity."

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## CANADIAN BLOOD SERVICES



## Stars shine at the Golden Globes

By Vanessa Laye

It was a night of elegance and glamour as the rich and famous strolled down the red carpet at the 59th annual Golden Globe Awards at the Beverly Hilton Hotel in Beverly Hills on Jan. 20.

Raking in the awards during the three-hour telecast was the thought-provoking drama *A Beautiful Mind*, which took home four awards, including best dramatic picture.

Russell Crowe, who played schizophrenic mathematician John Nash, won best dramatic actor, with Jennifer Connelly (Nash's wife) winning the best supporting actress in a motion picture.

Akiva Goldsman also received the best screenplay for this motion picture.

Musical *Moulin Rouge* wasn't far behind with three awards, including the best picture for a musical or comedy.

It was no surprise when Nicole Kidman won best performance by

an actress in a motion picture comedy or musical for her cabaret-singing debut in *Moulin Rouge*.

The picture also won best score composed by Craig Armstrong.

Gene Hackman, who wasn't there because he missed his flight, won best actor in a motion picture musical or comedy for *The Royal Tenenbaums*.

One of the big shockers of the night was Sting's song, *Until*, for the movie *Kate and Leopold*, which won the best original song for a motion picture. Sting beat out American Music Award winner Faith Hill's song, *There You'll Be*.

Best director in a motion picture went to Robert Altman for his work on *Gosford Park*.

However, the highlight of the night was when Harrison Ford was presented the Cecil B. DeMille award for lifetime achievement.

As the actor took the stage the audience greeted him with a standing ovation.

"Sit down," said Ford. "I'm too old to wait."



Harrison Ford accepts the Cecil B. DeMille award for lifetime achievement at the 59th Golden Globe Awards. (Internet photo)

Ford is mostly known for his role as Hans Solo in the *Star Wars* trilogy, as well as his action-packed stunts in *Indiana Jones*.

Ten of his movies have brought in

more than \$100 million US at the box office since his acting career began in the mid 1960s.

"My luck is holding, I'm nominated in a category where the com-

petition is dead," said Ford, who cracked up the audience with his puns.

For the television category, HBO's *Sex and the City* won the best TV comedy or musical, with leading star Sarah Jessica Parker taking home the best comedic actress. Best comedic actor went to *Spin City*'s Charlie Sheen.

HBO's *Band of Brothers*, a wartime drama, also won for best miniseries or TV movie.

Winning the award for best actor and actress in a drama TV series was Kiefer Sutherland in his new series *24* and *Alias* star Jennifer Garner.

New series *Six Feet Under* was named best TV drama with star Rachel Griffith selected as best supporting actress in a series, miniseries or movie made for television.

The members of the Hollywood Foreign Press Association vote for the winners of Golden Globe Awards. This year's show was broadcast live on CTV and NBC.

## Young superstars need to choose between singing or acting careers

By Vanessa Laye

Many singers have taken on jobs in the movie industry. But more than ever it has been the female pop performers who have made their debuts on the big screen.

Janet Jackson, Madonna, Jennifer Lopez and Mariah Carey are just some of the singers who have made movies.

So prepare for an adventure this month as teen pop stars Mandy Moore and Britney Spears debut their films worldwide.

Moore stars in the recently released movie *A Walk to Remember*, which opened Jan. 25.

This romantic drama is based on the 1999 novel written by Nicholas Sparks that was originally set in the 1950s, but has been adapted to a more modern-day setting for the film.

Moore plays a quiet down-to-earth girl named Jamie Sullivan, who is the daughter of the town minister. Jamie is different from the other girls at her school because her priorities are taking care of her widowed father, rescuing animals and spending time at the orphanage.

But her life completely changes as she falls in love with Landon Carter (Shane West).

Landon is the only son of a wealthy family whose only ambition is to party away his senior year at high school.

The unlikely pair meet up at the town's Christmas pageant, where their small town romance unfolds as Landon discovers the beauty of nature, the depths of the heart and inevitably the power of love from Jamie.

You will have to wait a little

while longer for Spear's debut in the movie *Crossroads*, as it hits theatres on Feb. 15.

Spear plays a goody-goody straight-A student named Lucy, who reunites with her two friends Kit (Zoe Saldana) and Mimi (Taryn Manning) whose personalities have altered since their childhood days.

The trio decides to go on a road trip and end up competing at a musical contest in Los Angeles after a male musician that they met on their journey persuades them to go.

The three take you on a wild ride as they tour the countryside and experience growing up and the importance of life.

The buzz in the community is the film is a biography of Britney Spears' life and career thus far. You will have to be the judge.

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Nominations open on January 15, 2002  
Nominations close on March 15, 2002

Reach for the top  
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# King and Straub wow horror fans

By Michelle Goring

Horror writers Stephen King and Peter Straub come together for a second time to give readers the Black House. The second part of their first novel, The Talisman, the Black House is a masterpiece of a horror novel.

Jack Sawyer is a retired homicide detective who is looking to get away from the hustle and bustle of the tortured streets of Los Angeles.

To get away, he buys a house outside the small town of French Landing and plans a life of relaxation and solitude.

Sawyer has barely moved in when French Landings Chief of Police Dale Gilbertson comes to him pleading for his help.

As Sawyer learns a serial killer has invaded French Landing. But not any serial killer. This one preys on the town's innocent children.

After the bodies of two missing children are recovered, it becomes clear that they are dealing with a monster as the corpses are partially eaten. The killer is nicknamed "The Fisherman" by the local law enforcement because of the resemblance to a famous Los Angeles case of cannibalism.

To Sawyer, this is a clear case of a demented serial killer, but as he helps the police it becomes clear that the Fisherman is more than he seems.

Sawyer's forgotten past begins to resurface as he starts to remember a childhood of parallel worlds and a journey to another world to save earth.

Sawyer realizes that the Fisherman is actually an evil being from the parallel world, the territories, sent to gather children for the workings of the Crimson King.

The dark king is trying to destroy

the territories by enslaving telekinetic beings called breakers.

Sawyer finds that the latest abduction of the Fisherman, Tyler Mitchell, is not only a breaker but also the most powerful breaker to ever live.

If the dark king gets his hands on young Tyler, he could destroy the territories and subsequently destroy earth.

Sawyer, the local law enforcement and a biker gang come together to fight the dark king and try to retrieve Tyler before it's too late. However, time is running out. Sawyer and his friends must enter the territories through the dark house and save Tyler before he is either eaten by the Fisherman or taken by the Crimson King.

The beginning of the novel starts slowly, almost too slowly, as King and Straub set the scene for the gruesome tale.

With detailed descriptions of the mutilated bodies and workings of the Fisherman, the writers stay true to their horror writing style and create an atmosphere of suspense, murder and gruesome death.

The first novel by King and Straub, The Talisman, is the basis for the Black House. Jack Sawyer's previous adventures in the territories correlated with the events happening in French Landing.

Also interesting in the novel is King's attempt to incorporate the storylines of his other novels into this one. The breakers make their first appearance in the King novel Hearts in Atlantis.

In that novel, and now a major motion picture, one of the characters describes himself as a breaker, but the audience really doesn't get an idea of what a breaker is.

King also incorporated the Dark Tower series into the book, as the

tower is what the dark king is trying to destroy that will bring an end to the territories.

Fans of The Talisman will enjoy the many references to characters and events in The Black House, but the novel is thorough enough that readers can enjoy it without having to read The Talisman first.

Included in the book is a warning before the reader gets to the final chapter. King and Straub end the struggle with a cheerful, good guys win ending to the story, but add an additional ending warning readers that if they liked the happy ending, they should read no further.

Overall, King and Straub did an amazing job comprising the book. The two writers' writing styles flow together nicely and make a delightful read for horror fans. Anyone who enjoys either King or Straub books should definitely pick this one up. It's worth it.

## HOROSCOPE

By Daniel Roth

Week of Jan. 28 to Feb. 3, 2002

Happy Birthday Aquarius!

A special someone may surprise you with an impressive gift. Relationships with friends and family will also be blossoming this week.

**Aries:** March 21 - April 19

Whether it be with a friend, or a special someone, you will be renewing an old relationship. This could inspire you to develop a new interest or talent.

Luckiest day: January 28.

**Taurus:** April 20 - May 20

Your creative energies will be recharged this week. You will get through the rest of winter by discovering a new interest or hobby.

Luckiest day: February 3.

**Gemini:** May 21 - June 21

Secrets will be revealed. If you have had any doubt or curiosity about issues in your life, the problems will start to clear up this week.

Luckiest day: February 3.



**Cancer:** June 22 - July 22

If you are confused as to what direction your life is headed, the correct path will be created for you later on in the week.

Luckiest day: February 2.



**Leo:** July 23 - August 22

Challenges and problems are going to be presenting themselves this week. They will not be solved overnight, you will have to deal with the uphill battle for a little while.

Luckiest day: January 28.



**Virgo:** August 23 - September 22

The chances of a relationship starting this week are high. Whether it is with a new friend or with someone more romantic, look forward to a good week.

Luckiest day: February 2.



**Libra:** September 23 - October 22

Legal matters may arise this week, but it's nothing major. Be cautious driving, you are at higher risk of getting a ticket.

Luckiest day: February 1.



**Scorpio:** October 23 - November 21

The winds of change are blowing in your direction. Expect to have some delays towards the end of the week. Do something creative to lift your spirits.

Luckiest day: February 3.



**Sagittarius:** November 22 - December 21

Change and developments in your life should be expected. With the resolution of an issue in your life, you may feel as though a weight has been lifted from your shoulders.

Luckiest day: January 29.



**Capricorn:** December 22 - January 19

If it feels as though you are financially bound, know that relief is on its way. Use any extra income wisely. Don't spend anything frivolously.

Luckiest day: January 29.



**Aquarius:** January 20 - February 18

If you have been struggling over an issue, know you are

almost finished with the battle. One more surprise may be in store for you.

Luckiest day: January 28.



**Pisces:** February 19 - March 20

You will be receiving inspiration from your dreams for

the next little while. Be sure to record anything significant, it may help you later.

Luckiest day: January 28.

*Daniel Roth is a second-year journalism student who has studied astrology and other clairvoyant issues for three years.*

## A NIGHT OF TEMPTATION

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Where: Sanctuary

Why: Why not?

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# Goaltending switch doesn't stop losing

By Jody Andruszkiewicz

New face, same results.

The Conestoga Condors faced the Humber Hawks at the recreation centre on Jan. 16 and lost 4-2.

Conestoga head coach Greg Rickwood called the loss disheartening, especially after changing things after a brutal loss to Cambrian three days earlier.

"Again we didn't put together a solid 60 minutes," he said. "You can't play for a period and a half."

Switching from Jason Lafortune and Andy Hopkins, Rickwood instead started Steve Zadel in hopes of kick-starting the Condors to a victory.

"We put people on the ice tonight who we thought gave us the best chance of winning," he said.

"I think Steve performed to where the team had confidence in him."

Zadel kept the Condors in the game in the first period making

some key saves through the period as the Hawks spent most of it in the Conestoga end.

The Condors had a nice scoring chance midway in the first when Scott Foster broke in alone on the Humber goalie but was denied a goal by a solid save.

Humber's lone goal was scored by Scott Barnes, his first of the game. However, the Hawks could have been up by more than one goal except they couldn't capitalize on three good scoring chances because of their own inability to put the puck into the net and Zadel's strong play.

A back and forth second period saw four goals scored in five minutes. Conestoga tied the game 1-1 in the second period on a goal by Darryl Burns. Bill Young responded for Humber and made it 2-1 less than three minutes later. Under a minute later it was 2-2 when Ryan Baird scored for Conestoga.

Humber's Terry Chikoski round-



Condors goalie Steve Zadel is helpless as the puck finds its way to the back of the net in a Jan. 16 game against Humber.

(Photo by Jody Andruszkiewicz)

ed out the scoring in the second period on a nice two-on-one after a Conestoga scoring chance.

The third period started much like the first with Humber dominating the play but the Condors turned it around and started to swarm the Humber net looking for the equalizing goal. Conestoga would have

tied it if it weren't for some strong goaltending from Humber.

In a move to gain the advantage, Rickwood asked for a stick measurement on Jason Fortier of the Hawks. Rickwood's gamble paid off with Fortier's stick having an illegal curve.

He pulled the goalie to have a

six-on-four powerplay advantage but that backfired with 20 seconds to play in the third period when Tyler Smith fanned on a shot allowing Barnes to score his second goal of the game.

"We didn't play very smart with the puck tonight," Humber coach Wayne Crawford said after the game. "We were trying to make the picture-perfect play."

Crawford said there was a lack of intensity in his players.

"All in all," he said, "with the chances for opportunities on net we didn't generate anything."

Crawford also credited the Condors with playing a very solid defensive game.

Rickwood said he wanted the Condors to play restrained defence and make the smart plays.

"We want the defence to keep the puck out of the net," he said, adding the Condors will stick with the team concept and work on team discipline.

## Condors losing streak reaches season-high four games

By Jody Andruszkiewicz

The Conestoga Condors have started the second half of the season winless with three different goalies playing in the last four games.

On Jan. 20, the Condors lost 6-4 to the league-leading St. Clair Saints at the Conestoga recreation centre to extend their 2002 losing streak to four games.

"We're struggling to find consistency right now," said Condors head coach Greg Rickwood. "We've been up and down."

The Condors looked like they were in tough against a physically dominating St. Clair team but solid forechecking and good goaltending by Andy Hopkins kept the Condors even with the Saints.

With a two-man advantage early in the first, Conestoga's Ian Fehrman skated in from the blue line, avoided a sprawling St. Clair defender and put the puck high on the St. Clair goalie to make it 1-0. Ryan Baird picked up an assist on

the goal, his first of four points.

Less than a minute later, Conestoga scored again on the power play. This time it was Baird getting his first goal of the game.

St. Clair roared back with three goals in four minutes to take the lead.

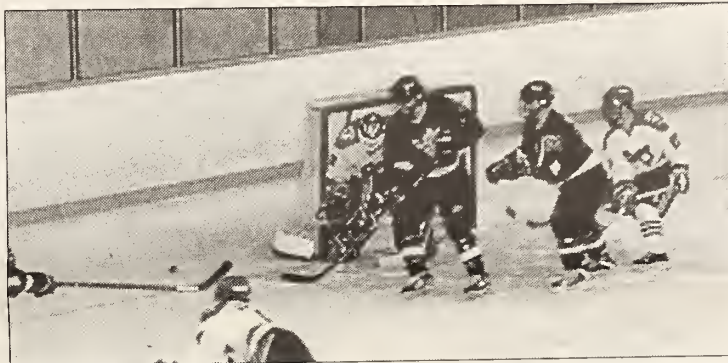
"Today is the best of our four efforts."

Greg Rickwood,  
Condors head coach

James Arnold scored the first goal for St. Clair by skating out from behind the Conestoga net and sliding it underneath Hopkins to make it 2-1 Conestoga. St. Clair got some of their own power play magic as they scored their next two with the man advantage.

Ryan O'Hagan got the first of his two points tying the game at two goals apiece. Pavel Shtefan picked up his second point of the game and put St. Clair ahead 3-2.

Penalties dominated the second



Conestoga goalie Andy Hopkins hugs the post as St. Clair players swarm the net in first-period action on Jan. 20.

(Photo by Jody Andruszkiewicz)

period more than the scoring did. St. Clair was assessed 40 minutes in penalties and had their coach ejected for arguing with the referee. Conestoga garnered 16 minutes in penalties. Like the first period with four goals coming on the power play, St. Clair made it 4-2 on Shtefan's second goal and third point of the game.

It looked as if St. Clair was going

to go up another goal but the Condors got a little bit of luck from the post and the puck never crossed the goal line.

Baird picked up his second goal and third point of the game, making it 4-3 on a power play goal with five minutes left in the second.

A minute later St. Clair made it 5-3 on a goal from Phil Fraser.

In a reversal of fortunes for the

game, Simon Protopapas from St. Clair scored a short-handed goal with three minutes left to make it 6-3.

The third period was the antithesis of the second period. Only one two-minute minor for roughing was assessed to St. Clair and nobody scored during that power play.

Corey Bridges from Conestoga scored a nice goal with slightly more than three minutes to play on a feed from Baird.

Even pulling the goalie in the last minute didn't give the Condors enough manpower to defeat the Saints.

"Today is the best of our four efforts," Rickwood said after the game.

He also indicated the goaltending situation would be resolved at the next practice. "Four goalies in practice is too many."

After playing four games in eight days, the Condors get a break until Feb. 6 when they play their next game at home against Sir Sandford Fleming.

## Auto racing needs to beef up safety after deaths

By Julie Graham

Driving a racecar at speeds in excess of 200, sometimes 300 km/h may seem ridiculous to some. However, many fans of NASCAR, CART, IRL and Formula One can't get enough of the sport.

Auto racing has been growing into a widely watched sport with millions of fans attending races each season around the world. However, with its popularity has come its share of tragedy.

According to a recent article from the Charlotte Observer, 270 people, including 29 spectators, have died in racing accidents in the States over the last 10 years. Overseas, there have also been numerous accidents resulting in the deaths of drivers, fans, and racetrack officials.

Here are only some of the many athletes who have been involved in tragic accidents:

In 1982, risk taker and Canadian, Gilles Villeneuve died after colliding with another driver's car during Formula One practice sessions.

His son and '97 Formula One Champion Jacques Villeneuve said drivers don't always talk about death.

"Fear is not a taboo subject with drivers, and neither is death though not everyone talks about that," said Villeneuve.

In October 1999, Canadian Greg Moore, 24, lost control of his car at the California Speedway during a CART race. Moore, who had become one of the most popular and friendly drivers on the CART circuit, sustained massive head injuries after hitting a concrete

wall at 354 km/h.

In 2000, Adam Petty, Kenny Irwin and Tony Roper, three drivers from the NASCAR circuit, died in separate accidents. Petty and Irwin were involved in similar crashes on the same speedway in New Hampshire.

On Sept. 15, 2001, CART racer Alex Zanardi lost both his legs in an accident in Germany.

However, it was Dale Earnhardt's death on Feb. 18, 2001 that saw grown men cry and made NASCAR officials face tough decisions regarding safety issues.

Earnhardt, 49, who had won the NASCAR series championship seven times and was known as "The Intimidator," died after hitting the wall on the last lap of the Daytona 500 in Florida.

According to Dave Kindred of

the Sporting News, NASCAR's rule book is different from that of other racing organizations, acknowledging its sport is dangerous, but placing the risk with drivers and participants.

In fact, NASCAR is one of the only auto racing organizations that does not share its safety findings openly.

Shortly after Earnhardt's death, the public learned Earnhardt's seat belt had broken during the crash. However, many questions remained. Did he die from not wearing a head and neck support device called the HANS? Were his injuries worse because he was one of a few drivers who wore an open-faced helmet? Did the broken seat belt add to the injuries he sustained?

NASCAR has been taking the

heat regarding its stubborn approach to safety and as a result, has made changes for this upcoming season.

On-board crash and data recorders will now be placed inside the NASCAR stock cars. Such impact recorders have been in use on the IRL circuit since 1993. The HANS device will be mandatory for all NASCAR drivers, as it has been for Formula One, CART and IRL for years.

Also, a new research and development centre will be developed to hopefully decrease the amount of tragedies NASCAR has seen. Sadly, these changes come after far too many deaths.

Look for an emotional return to Daytona for NASCAR on Feb. 10. CART, Formula One and IRL begin their seasons in early March.



# 2002 JOB FAIR

Over 100 Employers  
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**RIM Park**



Full-Time, Contest,  
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**WEDNESDAY, FEBRUARY 6, 2002**

**10:00 a.m. to 3:30 p.m.**

Visit Doon Campus - Student Employment (Rm. 2B04) Waterloo  
Campus - Student Services ♦ Guelph Campus - Main Office or  
[www.partners4employment](http://www.partners4employment) for Job Fair information and updates!

## Networking Opportunities at Job Fair

### What is Job Fair?

- ★ An opportunity for students and alumni to network with potential employers
- ★ An opportunity to investigate and research career options
- ★ An event that helps you to obtain information from employers on:

Career Opportunities  
Educational Requirements  
Industry Growth  
Salary Expectations

Corporate Culture  
Job Requirements  
Industry Trends  
Skills and Qualifications

### ★ How to get to Job Fair:

- ★ FREE transportation will run throughout the day (see schedule for your campus)
- ★ Conestoga College Doon Campus buses will run four times during the day
- ★ Doon Campus buses will pick up and drop off at Door #2
- ★ Conestoga College Guelph Campus buses will run once in the morning and once in the afternoon
- ★ Guelph Campus buses will pick up and drop off at Guelph Campus main entrance

Doon Campus	
To Job Fair	Depart from Job Fair
9:30 a.m.	11:00 a.m.
10:30 a.m.	12:00 p.m.
11:30 a.m.	2:00 p.m.
1:30 p.m.	3:30 p.m.
Guelph Campus	
9:30 a.m.	11:30 a.m.
11:00 p.m.	2:30 p.m.
1:00 p.m.	4:00 p.m.
Waterloo Campus	
Access to the bus is provided from either WLU or UW (See details on Flyers posted at Waterloo Campus)	

### TIPS for Preparation:

- ★ Attend a "Maximizing Job Fair" Workshop in the LRC:  
January 24 at 5:00 p.m. and February 4 at 2:00 p.m.
- ★ Visit our Web site at [www.partners4employment.ca](http://www.partners4employment.ca) for a list of participating organizations
- ★ Pick up an Employer Guidebook at Student Employment or at the Main Office at Guelph Campus in advance of Job Fair (available at RIM Park on the day of the Fair as well)
- ★ Research employer information available in Student Employment
- ★ Update your résumé and carry some at the Fair
- ★ Prepare a business card to give employers a snapshot of your qualifications
- ★ Target potential employers
- ★ Prepare a list of questions to ask employers
- ★ Dress and conduct yourself professionally
- ★ Exude enthusiasm and self confidence
- ★ Be positive and smile

Driving to RIM Park? See their interactive map at: [city.waterloo.on.ca./rimpark](http://city.waterloo.on.ca./rimpark)

## JOB FAIR ~ FEBRUARY 6